

COMMUNITY RESOURCES 2015

Childbirth Education Association, www.ceafstatecollege.org 237-4CEA

CEA Playgroups: ceascplaygroup@gmail.com

1st Friday of the month at the Centre County Library (Bellefonte) 10:00am - noon

3rd Friday of the month at the Schlow Centre Region Library (State College) 10:00 am - noon

The following is a list of groups and agencies offering information, support or services to families. They are not associated with CEA.

Breastfeeding Classes and info:

Karen Foard, IBCL www.karenfoard.com 237-1506

La Leche League Leaders: llofeasternpa.org

Nature to Nurture : www.naturetonurture.net 876-0217

Car Seat Safety Checks

Call to make an appointment for a free car seat check and help with safe installation:

Philipsburg State Police 814-342-3370

Rockview State Police 814-355-7575 1st Monday of each month

State College Police Dept. 814-234-7150

Car Seat info

www.justdrivepa.org

www.pakidstravelsafe.org

Parent Support

Pregnancy Resource Clinic www.scprc.com 234-7340

Centre County Youth Service Bureau info@ccysb.com 237-5731
family, community and residential based parenting programs

State College Area School District Community Education 231-1061

Family Outreach Service (Connie Schulz) 231-1070

Centre County Babywearers: centrecountybabywearers.org

A Caring Touch: acaringtouch.massagetherapy.com

Karen Stoner, fertility, prenatal and infant massage certified 235-1236

Health and Safety

American Academy of Pediatrics www.aap.org 1-866-843-2271

PA State Health Center: Low-cost immunizations health.pa.gov

Poison Control Center www.aapcc.org 1-800-222-1222

WIC Women, Infants and Children Nutrition Program 234-8621

Infant CPR Classes: Red Cross redcross.org 237-3162

Centre Life Link centrelifelink.com 237-8163

H.E.I.R. and Parents – Information (tour of Mount Nittany Medical Center) 231-7061

Healthy Beginnings Plus: Centre Home Care 237-3470

Child Care

Child and Family Development Council of Centre County cdfc.org 238-5480

Headstart (Centre & Clearfield Child Services, Inc.) cenclear.org 342-5678

Penn State University Work/Life Program ohr.psu.edu 866-799-2728

